



Make sure you tune in to Fox on Sunday, February 5th at 6:30 PM for Super Bowl 51, where the New England Patriots will be facing off against the Atlanta Falcons!



It's inevitable – the ACA in its current form will most likely not survive 2017. So far, both the House and Senate have passed a resolution paving the way for a repeal or replacement bill. Although a bill has not been introduced, this resolution would allow one to be passed with a simple 51 majority vote making it filibuster proof. We do know something will happen – we're just not sure what it will be. We will keep you updated as new information is released.



Are you completely satisfied with your Alpha Business Solutions experience? If so, refer your friends to us and receive up to \$250 per new client that comes on board. We always strive to meet and exceed your expectations, so if there's anything you think we could be doing better please don't hesitate to let us know! Contact clientcare@alphabizsolutions.com with any feedback you would like to share.

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February NEWSLETTER

EMERGENCIES EVERY HOMEOWNER SHOULD KNOW HOW TO HANDLE

Black Out — During a power outage, the safest course is to disconnect all appliances and electronics. That way, you'll avoid damage from power surges when the juice returns to your home. Take great care using candles for illumination, exercising proper fire safety, and be sure to stock up on batteries and flashlights.

Locked Out — Getting locked out of the house is a little embarrassing, and, if you have to call a locksmith, can be mightily expensive, too. Keeping a hidden key poses security risks. So remove your extra key from inside the hide-a-key garden stone or from under the back porch door mat, and consider leaving it with a trusted friend or neighbor instead.

Kitchen Fire — First, don't panic. Keep a box of baking soda in a handy spot for dousing flare-ups in a toaster or stovetop pan. Avoid tossing water on the blaze, and don't try to smother the flames with a dishtowel or anything that could catch fire. The better course of action is to use a pot lid to extinguish the flames. If it's an oven fire, don't open the door—close the oven and the fire should extinguish itself.

Flush Fail — Obviously, a plunger is your first line of defense for a clogged commode. If you've cleared the clog but flushing troubles persist, open the tank and investigate. The handle may have gotten disconnected, or part of the flush mechanism may need to be replaced.

Animal Invasion — When backyard wildlife finds their way indoors, they can wreak havoc in a home. If a wild animal gets into your house, keep it contained in one area. Open a window, close all the doors, and it should find its way out. If it doesn't, call animal control.

TRAITS OF THE MOST RESPECTED BOSSES



1) They delegate instead of micromanaging—The most respected bosses know that micromanagement leads to discontent and disrespect. When you delegate work to somebody, trust in their ability to complete the task at hand. You will earn the gratitude of your team, and everyone is likely to get more done in the meantime.

2) They listen - When employees feel heard, they have a greater sense of participation and workplace morale is higher. People doing the hands-on work of an organization can frequently see problems from perspectives that elude managers, so there is great value to listening carefully to employees' concerns when they come up.

3) They maintain consistency—No matter what might be happening outside of work, good bosses care about having a positive office culture. They show up ready to put their best face to the organization. Erratic, impulsive behavior will make employees lose confidence.

4) They keep their cool—There is a persistent caricature of bad bosses in popular culture that is best personified by a hot-tempered, fly-off-the-handle leader whose employees are forced to tiptoe around them. These types of bosses manage through fear, not respect. Good bosses are thoughtful and level-headed. They keep their cool under pressure.

Baked Honey Mustard Lemon Chicken

2 Chicken Breasts	Salt and Pepper to Taste
1 Tbsp. Dijon Mustard	1/4 tsp Paprika
1 Tbsp. Wholegrain Mustard	Juice from 1/2 Lemon
1 Tbsp. Honey	1/2 Tbsp. oil (or butter)
Broccoli Spears to Serve	



Preheat the oven to 400 degrees. Place the chicken in an oven-proof dish, that has been greased with the oil or butter. Season well with salt, pepper and paprika. In a small bowl, combine the Dijon mustard, wholegrain mustard and honey. Pour the mixture over the chicken breasts and bake in the oven for about 30-45 minutes, depending on the size of the chicken. You may need to add 1-2 tablespoons of water to the pan to prevent the edges of the dish from browning if there is not much chicken juice released during cooking. Once the chicken is cooked through, squeeze lemon juice over the top and serve with broccoli spears. Enjoy a simple delicious Valentine's Dinner!